

Letter to the Editor

Just my COVID-19 experience...

I promise myself: after this post, I will no longer talk about Covid-19. But, the last, the very last thing, allow me.

Yesterday I worked a shift in the emergency room, Covid-19 room in Gallarate. I ended up with the feeling of having lived in the centrifuge of a circle of hell for all the hours I have been there.

In recent months, I have always tried to keep common sense and give a message of prudence, which does not fall into useless catastrophism. I know very well that life is health, but also work and sociality ... and Corona (as my 5-year-old son calls him amicably!) has weakened each of these aspects.

We will have to live with this situation for a few more months and precisely this observation is the undeniable prerequisite for a common strategy, which involves all citizens, worthy of the name.

Reading this morning fake news again hurts ... it makes the sweat underneath that plastic overalls, mine and the nurses and the healthcare workers, who helped me yesterday, even more acrid.

It is already necessary to open receptive health surveillance structures for the many (not very) symptomatic patients who crowd that triage, unable to be isolated and frightened for the health of their loved ones living together.

It is already necessary to open other departments for infected patients to intercept the disease earlier and better and slow down the influx of intensive care.

Above all, a lockdown is already necessary (perhaps intermittent, scheduled and only in certain areas ...!)

To at least slowdown the rhythm of the triage bell sound ... which in the end - trust me - gets into your head!

I am not the professional entitled to establish and best modulate these measures. I am just a SURGEON, who has dedicated a large part of his curriculum to oncology, and who can now operate a few of tumors ...

At this precise moment, we can all make ourselves useful, simply by aligning ourselves with the common interest, with the hope that those who have to make decisions do it well and quickly!

Stefano Rausei
Department of Surgery, ASST Valle Olona,
Gallarate (Varese), Italy

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Address for Correspondence: Stefano Rausei, Department of Surgery, ASST Valle Olona, Gallarate (Varese), Italy

Email: stefano.rausei@gmail.com

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Pre-quarantine. Paraty-state of Rio de Janeiro, Brazil. Andrea de Lorenzo